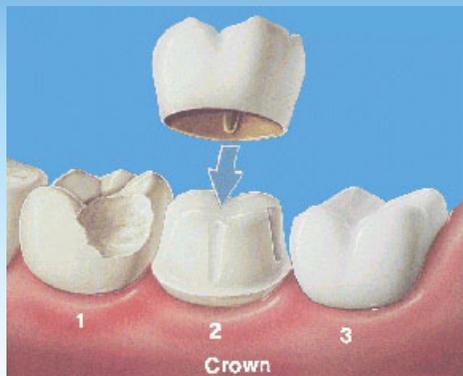


Owners Manual-Crowns



Porcelain

Gold

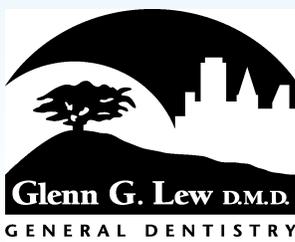
Zirconia

Your new crown

You have just had a new crown placed in your mouth. When the supporting tooth is severely damaged by decay or fracture, a crown becomes necessary because the tooth is too frail to support a new and larger filling.

Crowned teeth can be sensitive after the initial crown placement. Taking some Advil (ibuprofen) reduces inflammation. This will help keep the tooth calm after the cementation. If sensitivity persists, contact us.

After the numbness wears off, you may feel that your bite is high. Let us know quickly as the bite must be adjusted or the tooth will become quite sensitive.



Taking care of your new crown.

Your crown needs to be cared for daily. Think about cleaning the area where the crown meets tooth. Flossing between teeth, and up and down the sides of the crown is very important.

Minimize the amount of stress you place on your new crown. Don't grind on it- day or night. The more you strain the tooth, the greater possibility that you may fracture the porcelain on crown or the tooth itself.

How long does a crown last?

A crown should give you 10 + years of service, if the tooth under the crown remains healthy. But, remember nothing is forever. A crown is not a "permanent" solution.

However, there are many factors which can shorten the life of a crown. People who grind their teeth, who eat a lot of sugars, who don't practice good oral hygiene, and who eat a lot of sticky or hard foods can reduce the life of a crown.

What should I do if I feel discomfort from :

Temperature

Sensitivity to temperature means an irritation to the nerve. You need to contact the office so we can find the source of the irritation. Treatment can range from slight bite adjustments, to root canal therapy.

Biting

If the pain occurs after eating, it may be that the crown is a little high. You can put a great deal of stress on your new crown if it hits prematurely. Call the office immediately for an appointment to secure the safety of your crown and tooth.

Packing food between teeth

Floss the area to remove any food particles. If floss passes between teeth without any resistance you may have an open contact point between your teeth. Call the office to see what we can do to close this space.